

THE CITIZEN

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U.S. Army Garrison Stuttgart

February 20, 2007

Stuttgart, Oberammergau and Garmisch, Germany

Open for business!

AAFES Complex, Community Center & Dining Facility debut in Stuttgart

Pages 8 to 10



[Top] U.S. Army Garrison Stuttgart Commander Col. Kenneth G. Juergens gives the thumbs-up as the new AAFES PX/BX officially opens Feb. 8 on Panzer Kaserne.

[Center] Across the parking lot from the AAFES facility, Panzer building #2915 houses the new Community Services Center.

[Bottom] Soldiers select from an array of desserts during the grand re-opening of the renovated Patch Dining Facility.



photos by Hugh C. McBride

INSIDE THIS EDITION

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Stuttgart makes it a priority to give blood

A medical team from the USAREUR Blood Donor Center visits Stuttgart for a day-long community blood drive Jan. 18, held in the Patch Fitness Center gymnasium.



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Patch High hosts DoDDS rifle tourney

Patch's rifle team places second at the DoDDS marksmanship finals Jan. 27. Next up, the team travels to Fort Benning, Ga., to compete in the eastern regional finals.



Airman advises fellow Americans to 'learn to appreciate what you have,' look to better others

By Lt. Col. Chuck Metrolis
Commentary

Is it just me, or does there appear to be an increased amount of complaining coming from the American populous? Like most Americans, I get my news from the TV, radio or print media, and lately all I get is a lot of negativity about how bad someone's life really is.

I'll be the first to admit there were times when I was right there with the complainers. I can remember as a child, teenager and young Airman complaining about the tribulations in my life, that to me were paramount, but in reality more or less inconveniences. I was sure to complain if I didn't make it to lunch on time, get enough sleep or have enough money.

Education and experience, both of which came with age, taught me to reflect on life and truly appreciate the good fortune I had. One of the tools that helped me appreciate my surroundings was to compare my perceived woes to those around me. My eyes became open to the true problems many face in the world. When many of us feel like we have a legitimate gripe, just think about the examples below. Maybe we don't have it that bad after all.

Ever feel like you are bored because you have nothing to do or no one to do it with? Just think about former Navy Lieutenant Everett Alvarez Jr. He was shot down over North Vietnam on Aug. 5, 1964. He endured eight-and-a-half years of brutal captivity, while spending more than one year of this time in solitary confinement. He was not freed until April 1973.

Ever hear people complaining about how hungry they are because they are late for lunch? Think back a few years ago

Upset because you look in your closet and have nothing to wear? There are hundreds of thousands of your fellow Americans relying on charity, gifts or handouts because they lost everything during Hurricane Katrina.

to those young U.S. Marines pushing toward Baghdad along a 300-mile invasion route. They were advancing so quickly they left much of their resupply structure in their wake. This forced many to eat only one MRE per day for about a week. Eating one meal a day is tough, but think about doing this while sprinting in full gear, in the spring heat of Iraq while being used for target practice.

Think you are inconvenienced because you have to sit in that middle seat on an airliner? Just do a little research on what the African slaves had to endure on an eight-week oceanic trip from Africa to the Colonies in the 1700s, or what Jewish Holocaust survivors experienced while being transported by rail to concentration camps during World War II. Somehow our middle seat doesn't even compare to being stacked like cord wood.

I'm sure many of you have heard spouses complain during PCS moves, wondering how he or she will fit 15,000 pounds of household goods into their 2,500 square foot home. Right now the 1,000,000 people in Southeast Asia left homeless by the 2004 tsunami would love to have that same problem.

Upset because you look in your closet and have nothing to wear? There are hundreds of thousands of your fellow

Americans relying on charity, gifts or handouts because they lost everything during Hurricane Katrina.

Are you really upset because you don't think you make enough money? Try watching the recent film "Cinderella Man". You will see how boxing legend James J. Braddock provided for a family of five during the Depression Era. Trust me, there were thousands more like him who had it even worse.

I know we as Americans will always complain about something. This is one of our inalienable rights our forefathers fought and died for. However, we should look at our own inconveniences through a different lens, and see how our problems look from different perspectives. We may see that our problems pale in comparison to many around us. In fact, we may seize the opportunity to seek change or help those less fortunate. We recently celebrated the life and contributions of Dr. Martin Luther King Jr. We should reflect upon a great individual who had much to complain about, but instead sought to better the lives of all Americans.

Metrolis is commander of the 31st Rescue Squadron. This commentary originally appeared on the Air Force Link Web page (www.af.mil).

CORRECTION

In "Timeline: A Look back at 2006 in Stuttgart & Garmisch" on pages 8&9 of the Jan. 23 edition of *The Citizen*, the last name of the former EUCOM Deputy Commander Gen. Charles Wald was misspelled.

THE CITIZEN

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www.stuttgart.army.mil

Presidential proclamation honors USA Freedom Corps, volunteerism

By George W. Bush
U.S. President

The great strength of our Nation is found in the heroic kindness, courage, and self-sacrifice of the American people. Every day, individuals show the good heart of our country by volunteering to help make someone's life better.

Since 2002, the USA Freedom Corps has provided access to volunteer opportunities for millions of Americans. On the fifth anniversary of the USA Freedom Corps, we honor volunteers who give their time and talents to make a difference in the lives of others, and we recognize that helping those in need makes America a more hopeful country.

The USA Freedom Corps was created to encourage Americans to answer the call to serve a cause greater than themselves. By matching willing volunteers with opportunities in their communities, the USA Freedom Corps brings Americans together to mentor children, assist the elderly, clean up neighborhoods, and perform countless acts of generosity.

The USA Freedom Corps has helped support national service programs such as AmeriCorps, Citizen Corps, Peace Corps, and Senior Corps. Through programs like these, volunteers all across the country bring comfort and kindness to people at home and abroad.

Through the USA Freedom Corps website at www.volunteer.gov, all Americans can find ways to serve in our country's armies of compassion. By answering the universal call to help a neighbor, individual Americans can transform towns and cities into more caring communities and neighborhoods and make America a better place.

I call upon the citizens of this great country to find ways

More information about USA Freedom Corps

- The United States recently observed the fifth anniversary of the USA Freedom Corps on Jan. 29, 2007.
- USA Freedom Corps (USAFRC) was created to build on the countless acts of service, sacrifice, and generosity that followed September 11th.
- The USA Freedom Corps provides a wealth of information on volunteer opportunities online at www.usafreedomcorps.gov.
- According to the Bureau of Labor Statistics, more than 65.4 million Americans volunteered in 2005.
- For more information on how you can volunteer in the Stuttgart community call Army Community Service at 431-3362/civ. 07031-15-3362 or stop by the Community Center on Panzer Kaserne, Building 2915.

to volunteer and help their fellow Americans. I commend the efforts of the USA Freedom Corps and all those who have already answered the call to serve, and I encourage all Americans to give of their time, energy, and talents to make America even stronger.

This and other presidential proclamations and speeches can be accessed online at www.whitehouse.gov.

Stuttgart ceremony honors life, legacy of Martin Luther King Jr.

Story and photo by Brandon Beach

Stuttgart residents honored the life and legacy of Dr. Martin Luther King, Jr. with a Jan. 17 community breakfast in the Patch Barracks Community Club. Soldiers and civilians had the chance to reflect on one of history's most influential civil rights leaders during a ceremony marked by selected readings from King's speeches and remarks by community leaders.

"It is so important to learn about the personal heroes that have helped guide us to where we are today," said Col. Kenneth G. Juergens, commander of U.S. Army Garrison Stuttgart.

Following an 8 a.m. breakfast, the ceremony started with a 10-minute slide show that placed attendees in the historical context of the 1955-1966 Civil Rights Movement.

Shortly after, Eddie Bell of the 52nd Signal Battalion took the podium to read excerpts from "I Was a Drum Major for Justice," a sermon delivered by King at Ebenezer Baptist Church in Atlanta as well as King's famous "I Have a Dream" speech.

The timeless speech was delivered on April 16, 1963 at the steps of the Lincoln Memorial in Washington D.C. to a crowd of more than 200,000 people. Command Sgt. Maj. Mark Farley of U.S. European Command, the event's guest speaker, recalled the day when he stood at those exact steps and gazed out beyond the Washington Memorial spire.

"If you just put yourself back there in that time when he was making that speech, it must have been remarkable," he said.

A year later, following King's speech, the Civil Rights Act of 1964 was passed, which made discrimination based on race, color, religion, sex and national origin illegal.

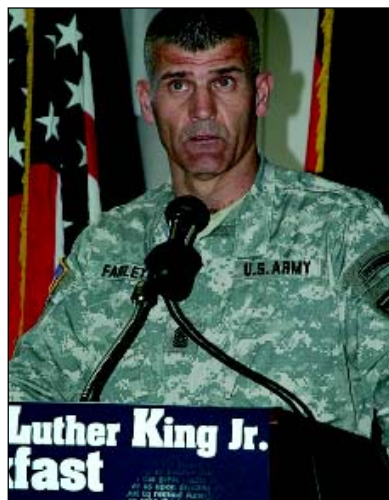
In his remarks, Farley correlated the ideals of the Civil Rights Movement to changes that took place within the U.S. Armed Forces. By as early as the 1940's, the military pressed

to racially integrate its ranks, which it completed in 1954.

By 1977, women were included in military formations, but not yet permitted in

If you want to say I was a drum major, say I was a drum major for justice.

Dr. Martin Luther King, Jr.
Sermon delivered in Atlanta



Command Sgt. Maj. Mark Farley
served as the event's guest speaker.

MOSs, or Military Operational Specialty career fields, which Farley said was "not perfect but ahead of the nation as a whole."

Farley concluded his speech with a reminder that the men and women in attendance, who wear the uniform of the U.S. Armed Forces, have the distinct opportunity to be "leaders of change."

"Be proud of who you are and who you represent," he said.

The event was sponsored by the USAG Stuttgart Directorate of Resource Management. Breakfast was provided by the staff of the Black Stallion Dining Facility.

Among the invitees were Gen. William E. Ward, deputy commander of U.S. European Command, Maj. Gen. William Catto, EUCOM Chief of Staff, Gabriele Müller-Trimbush of the Stuttgart Mayor's Office, and Dr. Ulrich Rommelfanger, Lord Mayor of Kornwestheim.

Immediately following the ceremony, Juergens presented both Farley and Bell with plaques for their contributions during the hour-long event.

Citizen journalist named Army's top civilian in Europe

U.S. Army Garrison Stuttgart
Public Affairs Office Release

The assistant editor of *The Citizen* was selected as the Army's top civilian journalist in Europe during the Installation Management Command Europe Region 2006 Maj. Gen. Keith L. Ware Award competition.

Brandon Beach, who has served with the U.S. Army Garrison Stuttgart Public Affairs Office since 2005, earned the title of IMCOM-EURO Moss-Holland Civilian Journalist of the Year.

"I can't imagine a more deserving recipient for this award than Brandon Beach," said Hugh C. McBride, editor of *The Citizen*. "In addition to being ridiculously talented, Brandon brings a tremendous work ethic and an unceasing commitment to excellence to work with him every day. In my opinion, he sets the standard to which all Army journalists would be wise to aspire."

By winning the regional title, Beach has also earned the right to represent IMCOM-EURO in the Armywide Keith L. Ware competition in March.

In addition to winning the CJOY competition, Beach also garnered four other Keith L. Ware awards:

- Feature article – 1st Place



Beach

- Photojournalism – 1st Place
- Standalone photo – 1st Place
- Sports article – Honorable Mention

The Citizen, which placed third in the tabloid-format newspaper competition, earned 1st Place in the Special Achievement in Print Media category for its Jan. 31, 2006, special edition, which was devoted to force protection and personal security.

This was the third consecutive year that the paper topped the Special Achievement in Print Media category.

Also, McBride placed third in the photojournalism category.

The Ware awards are designed to recognize both military and civilian journalists whose work enhances the Army's internal command information program

Maj. Gen. Keith L. Ware received the Medal of Honor for actions undertaken in France in December 1944, when he was then a lieutenant colonel. Forty-four years later, Ware became the highest-ranking U.S. service member to be killed in Vietnam.

The Moss-Holland award is named in honor of John Moss and Peggy Holland, two civilian print journalists who were killed in the 1995 bombing of the Murrah Federal Office Building in Oklahoma City.

News & Notes

NSPS Townhalls Feb. 28

Personnel experts from the U.S. Army Europe Deputy Chief of Staff's Office will host two National Security Personnel System Townhall meetings Feb. 28 (10 a.m. to noon & 1 to 3 p.m.) in the Patch Theater.

All GS employees and all supervisors of GS employees should plan to attend one of these sessions, which will not only provide important information related to the upcoming transitions from GS to NSPS, but will also allow area employees to have their NSPS-related questions answered by the top civilian personnel experts in Europe.

For more information:

- Call 421-2535/civ. 0711-729-2535.
- E-mail tami.nadinggale@us.army.mil.
- Visit <http://www.cpms.osd.mil/nsps>.

Tax Center now open

The Stuttgart Tax Center is now open for business. The center offers free tax preparation and filing assistance to U.S. identification cardholders.

The center is open Mondays to Fridays, 9 a.m. to 5 p.m. Walk-in service is available, but individuals with complex returns or issues are advised to make an appointment.

For more information visit the Tax Center office on Kelley Barracks, call 421-4588/civ. 0711-729-4588 or e-mail michael.ryan.watts@eur.army.mil.

Help our Wounded Warriors

The Stuttgart chapter of "Sew Much Comfort" gives all community members an opportunity to assist wounded service members during their recovery and rehabilitation. The group creates, collects and provides adaptive clothing that fits comfortably over medical devices such as casts, fixators and prosthetics.

For information visit www.sewmuchcomfort.org, call 0711-411-3438 or email the.sires@gmail.com.

Adoption support group

Stuttgart offers an adoption support group. The goal is to bring families together that have gone through the adoption process and to help those just getting started.

The group also has professionals in the community to help answer questions and ease concerns.

Meetings are the second Wednesday of the month at Army Community Service (Panzer Kaserne, building 2915).

For more information call 431-3362/civ. 07031-15-3362.

Help SNAP keep Stuttgart safe

Stuttgart's Safe Neighborhood Awareness Program is always looking for committed community members to help keep our installations safe.

For more information call 430-5560/civ. 0711-680-5560 or e-mail earnest.epps@us.army.mil.

Career opportunities with AAFES

Positions are available for retail and warehouse personnel and food service positions in the new AAFES PX/BX on Panzer Kaserne.

Applications are online at <http://www.aafes.com>, or contact the AAFES Human Resources Office, Kelley Barracks, Bldg. 3312 at 0711-7203-132.

Wanted: racquet sports players

U.S. Army Garrison Stuttgart Sports & Fitness Office is looking for badminton, table tennis and racquetball players for both unit-level and community-level competition (5-person teams and individuals).

For more information or to sign up call the Panzer Fitness Center at 431-2724/civ. 07031-15-2724 or e-mail larry.armet@eur.army.mil.

Weight loss support group

The Stuttgart Wellness Center hosts a weight-loss support group every Wednesday at 10:45 a.m., in the Wellness Center - which is still located on the 2nd floor of Washington Center (building 2307 on Patch Barracks).

For more information email karwhit@t-online.de or call 07031-769796.

Gathering of Eagles on Patch

Eagle Scouts of all ages are invited to attend a luncheon Feb. 28, 11:30 a.m., in the Swabian Special Events Center on Patch Barracks.

Visit with fellow Eagles, share memories of your days in a Scout uniform, and learn about the state of Scouting in Stuttgart today. For details e-mail warnere@eucom.mil.

SCSC Spring Bazaar: March 16 to 18

Bazaar benefits entire community

Sponsored by Stuttgart Community Spouses' Club, annual extravaganza funds wealth of sports, leisure & youth activities in Stuttgart

USAG Stuttgart Public Affairs Office

There are annual events in the Stuttgart community that occur so reliably, you can practically set your watch by them.

As sure as the imminent arrival of spring brings much-needed sunshine, so too does it herald the arrival of the shopping extravaganza that is the Stuttgart Community Spouses' Club Spring Bazaar.

From March 16 to 18 this year, the members of the SCSC will direct their formidable talents toward hosting the three-day shop-a-palooza they have become famous for Germanywide.

A tradition of service

With more than 165 members dedicated to the betterment of the Stuttgart military community, the SCSC is not only one of the largest groups in the area, but also a highly regarded example of the positive effects of volunteerism.

The Spring Bazaar, the club's primary fundraiser, subsidizes (and in many cases, makes possible), a wide range of the community's sports, leisure and youth activities.

The scope of the three day event is impressive – even more so when you consider the staggering amount of volunteer hours it takes for SCSC members and other community contributors to put on an event of this magnitude.

Leadership and cooperation

This year under the leadership of Ann Welton and her staff consisting of Lisa Mallet (vendor chair), Becky Stamper (facilities chair), Charlotte Jackson (co-chair) and a host of others, they have focused on expanding the bazaar and working closely with the U.S. Army Garrison Stuttgart.

Col. Kenneth G. Juergens, commander of USAG Stuttgart, said that "through working with Ann and her committee, we have been able to offer the vacated main PX store for their use to expand the number of vendors and working with Ms. Julie Lovett, eventually offer this store to be the new consolidated Thrift shop. It has been an absolute pleasure to work with these two extremely professional ladies and the committee to make things happen that benefits the community in so many different ways. What they have brought to this year's partnership has been remarkable and so productive; on many occasions my staff has complemented Ms. Ann Welton and her staff's great working relationship."

Careful planning makes use of every available square foot of the Patch

Fitness Center and Youth Services building. A gigantic tent in the Youth Services parking lot provides space for additional vendors, encompassing nearly the entire street along with the former Main Patch PX and the former Willi Geck building housing the additional vendor spaces.

Bounteous benefits

The smell of food will draw you toward the Patch Community Club where, you guessed it, even more vendors are located. This area though, has an added draw.

A variety of delicious treats will be sold by various community groups as part of their own fund-raising efforts. Hungry shoppers can refuel for the second half, and feel good knowing that their food purchase benefited others.

Strolling among aisles laden with consumer goods, delicacies and works of art from more than 90 international vendors (in comparison to last year's 70 vendors), the majority of Spring Bazaar patrons are, understandably, focused on shopping.

But whilst amassing their goodies and benefiting from the Bazaar's bounteous bargains, the shoppers are also performing a valuable community service.

Funds raised during the event's three-day sale will result in a year's worth of opportunities for children and adults in Stuttgart.

"Col. Juergens and his staff have provided great support. Without their help and support, we would never achieve the results that we are anticipating. Thank you so much," said Welton, the bazaar chairperson.

To learn more about the SCSC visit www.stuttgart.army.mil and select "Community Services." For more information email scscbazaarvolunteer@yahoo.com.



courtesy

Two service members examine a small segment of the many treasures available at the SCSC Spring Bazaar. The 2007 Bazaar is set for March 16 to 18 on Stuttgart's Patch Barracks.

“It's so wonderful to belong to a club where members enjoy volunteering their time and energy to benefit the entire community.”

Ann Welton

Chairperson

Stuttgart Community Spouses' Club

Bazaar funds still available

The SCSC Spring Bazaar doesn't only bring great bargains for area shoppers – it also provides much-needed funds for area individuals and organizations.

Welfare requests are still being accepted for funds raised during last year's 2006 Bazaar. The deadline to submit an application is:

April 15, 2007

To find a copy of a welfare application form visit www.stuttgart.army.mil, select "Community Services" and click on the SCSC link.

Stuttgart Community Spouses' Club

BAZAAR VOLUNTEERS GET REWARDS!

- Free Raffle! ● V.I.P Shopping!
- Great Friends & Fun!

The Stuttgart SCSC is looking for energetic volunteers from MARCH 16-18, to help us make this year's bazaar a roaring success.

To find out more about being a bazaar volunteer, contact Laurie 0711-120-2025 scscbazaarvolunteer@yahoo.com

Moving toward fitness

Patch students stay in the zone with heart monitors

Story and photos by Brandon Beach

Let's go. Let's go. Make sure you're working that heart," says Carol Heffernan, a physical education teacher at Patch High School, as 22 of her students run warm-up laps around the basketball court Jan. 25.

It's sixth period PE class, and gym shoes chatter and squeak on the linoleum floor. Over the loudspeakers, Axel Rose belts out the final verse of the GNR classic, "You Could Be Mine." The place is rockin'.

At the half-court line, Heffernan spreads out 13 fitness cards in a circle. Each card illustrates a different aerobic exercise such as push-ups or oblique crunches.

Heffernan has the class break into two groups: Half continue with laps while the other starts circuit training. After a minute, the music stops, groups rotate and a new song kicks in, which at this point, is Metallica's "Enter Sandman."

"What we're trying to do here is make them independent," said Heffernan. "They can do all these exercises at home, and they know how hard they have to work."

Exercising at the right intensity has been the catch phrase this year for the Patch PE department.

Students got the message earlier this semester when Heffernan had all her classes wear heart monitors for a five-week period.



Alan Wiley hovers on his elbows for one minute Jan. 25 to strengthen his core muscles.

The school has about 40 monitors for students, which they wear as wrist watches.

Be it the mile run or a game of short-side lacrosse, the monitors give Heffernan instant feedback on each student's level of exercise, and every heart rate is different, she said. It's not about who jumps out to the front of the pack during warm-up laps or who muscles through the most push-ups. It's rather about which students have kept their target heart rate up for the entire activity.

"If their heart rate is not up so they benefit, then they are just wasting their time,"

she said.

Though the beeping got annoying, as Nick Eube, a Patch freshman, observed, the monitors didn't lie. Either students were getting fit or just going through the motions. The evidence was in the numbers. Heffernan could collect the data in a portable laptop and print out reports just before class ended.

"I try to instill in them that this is the pace, and this is what it should feel like," said Heffernan.

Staying in their "target heart rate" soon became a goal for many students. "I now know

how fast I have to run to stay in my zone," said freshman Katherine Lowe.

For a typical high school teenager, that zone is between 150 and 190 heart beats per minute. That means a student is working about 70 percent of their maximum heart rate.

But heart monitors are not the only tools PE educators at Patch are using to keep students fit. Teachers can now run through a gamut of fitness tests such as strength, flexibility and endurance using the TriFIT 700, made available this year by DoDDS-Europe, which has ramped up its funding for PE.

Following their half hour of laps and exercises, students in Heffernan's sixth-period class bee-lined to the equipment room to collect lacrosse sticks and balls. The last 40 minutes of class were spent playing short-side games.

Heffernan watched from the sidelines. She held a whistle that dangled loosely from her hand. There weren't many fouls to call. She watched quietly as one of her students ran down a loose ball, scooped it up, slung it errantly in a classmate's direction, laughed, shook his head and continued down the court.

"They might need some work on passing," she said, "but I think they're in the best shape of their lives."

This is the second in a series of articles addressing physical education programs in DoDDS-Europe schools.

You & SNAP

A winning combination for our security.

The Safe Neighborhood Awareness Program is always looking for committed community members to help keep our installations safe. For more about how you can become a volunteer call the SNAP office today.

Stuttgart Safe Neighborhood Awareness Program
DSN: 430-5560 / CIV: 0711-680-5560
earnest.epps@us.army.mil

'P.A.U.S.E.'

for security

Watch out for the clues
& know what to do.

- Be alert and aware of your surroundings – especially when exiting bars or restaurants.
- Be a "people watcher" while out in public. Remain alert at all times.
- Avoid high risk areas and demonstrations, and vary your travel patterns so as not to be predictable.
- Never get out of your vehicle without checking for suspicious persons. If in doubt, drive away.
- Know how to react if you are being followed. Do not drive home, but go to the nearest safe place and report the incident to the local U.S. military police.
- If you observe suspicious activity, write down license plate numbers of suspicious vehicles. Report descriptions of the occupants and the vehicle to the U.S. military police as quickly as possible.
- Report anyone or anything that you think is suspicious.

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Stuttgart donors make 'it a priority' to give blood

Story and photos by Brandon Beach

Spc. Jeff Field donated a pint of his blood Jan. 18 for one simple reason. "Guys need it downrange," he said. "I'm not there. I know I can support them this way."

A Soldier with the 52nd Signal Battalion, Field was one of 92 donors who gave an arm to the Stuttgart Community Blood Drive.

The day-long drive, held in the Patch Fitness Center gymnasium, was run by personnel from the U.S. Army Europe Blood Donor Center. It was their first visit to Stuttgart in over four years.

Most of the blood units that were collected for the day will go to the Landstuhl Regional Medical Center, the largest military hospital outside of the United States. The rest will be sent to military hospitals downrange.

"We must always continue to maintain our inventory," said Spc. Shayna King of Landstuhl, who spent the day checking the



Spc. Jeff Field donates blood Jan. 18.

vital signs of each donor.

She cited that the center continually runs the risk of being short at any given time, due in part to increased demand for blood and the fact that blood is perishable within 42 days. Donors can give blood every 56 days. "You can never have enough blood," she said.

The center conducts blood drives twice a week at various military communities. It is the only Armed Services Blood Program in Europe. The center's next scheduled drive will be in the Kaiserslautern military community Feb. 23.

"It's so important that you make it a priority to donate whenever there's an opportunity," said Mike Peacock, a certified medical technologist and the center's blood donor recruiter.

For more information or to learn more about the center's blood drive schedule visit www.militaryblood.dod.mil/usareur or call 486-7107/civ. 06371-86-7107.

FAQs about blood need

- According to the National Blood Data Resource Center, U.S. institutions collected more than 15 million units of whole blood and red cells in 2001, the most recent year for which data are available. These donations were made by approximately eight million volunteer blood donors.
- According to most recent data, U.S. hospitals transfused nearly 14 million units of whole blood and red blood cells to 4.9 million patients in 2001. That's an average of 38,000 units of blood needed on any given day. In emergency conditions such as war or disaster, the need for blood may change.

To learn more about blood and blood need visit www.givelife2.org.

HEALTH CARE CORNER

U.S. Army Health Clinic Stuttgart

Hours of Operation
Mon., Tues., Wed. & Fri.: 7:30 a.m. to 4 p.m.
Thursdays: 1 to 4 p.m.

Military Sick Call
Mon. to Fri.: 7:30 to 8:30 a.m.
Thursdays, 1 to 2 p.m.

Pharmacy
M, T, W, F: 7:30 a.m. to 4 p.m.
Thursdays: 1 to 4 p.m.

Immunizations
Walk-in basis
Closed noon to 1 p.m.

Well Baby Care
Every Tuesday

Laboratory
M, T, W, F: 7:30 a.m. to 4 p.m.
Thursdays: 1 to 4 p.m.

Physical Exams
Active-duty only (by appt.)
430-6817/civ. 0711-680-6817

Well Woman Care
Every Wednesday

Appointments
430-8610/civ. 0711-680-8610 or 430-8611/civ. 0711-680-8611
Tricare beneficiaries can also make appointments online.
Visit www.tricareonline.com.

Stuttgart Dental Clinic

Hours of Operation
Mon. to Fri.: 7:30 to 11:30 a.m. & 12:30 to 4:30 p.m.

Active-Duty Sick Call
Mon. to Fri.: 7:30 to 9:30 a.m.

All Others Sick Call
Mon. to Fri.: 8:30 to 9:30 a.m.

Appointments
430-8626/civ. 0711-680-8626

Garmisch Dental Clinic

Hours of Operation
Mon., Wed & Fri: 7:30 a.m. to 3:30 p.m.
Tue: 7:30 a.m. to 4:30 p.m. / Thurs: 7:30 a.m. to 3 p.m.

Military Sick Call
Mon. to Fri.: 7:30 to 8 a.m.

Appointments
440-3414/civ. 08821-750-3414

Note
Dental services are extremely limited for patients other than active-duty service members and their families.

In case of an after-hours emergency call the MP desk to access the on-call patient liaison:
Stuttgart 430-5262/civ. 0711-680-5262 / Garmisch 440-3827/civ. 08821-750-3827

Veterinary Treatment Facility

Hours of Operation Mon. to Fri.: 8 a.m. to 3:00 p.m.	Appointments 431-2681/civ. 07031-15-2681	Location Building 2996, Panzer Kaserne
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Note
The facility is unable to see emergency cases. Thus, community members must become familiar with local German veterinarians. Visit the clinic for a list of German veterinarians in the Stuttgart area.

Stuttgart Wellness Center

Hours of Operation Mon. to Fri.: 8 a.m. to 4:30 p.m.	Appointments Call the center at 430-4073/civ. 0711-680-4073	Location Washington Center, Patch Barracks
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Youth soar with SKIES Unlimited

Kindermusik gives kids something to sing about

Story & photos by Brandon Beach

It could be the next all-toddler garage band. Here at the Patch School Age Services though, it's a typical day of Kindermusik.

Kids bang tambourines, clank sticks, beat drums and shake maracas. Each one of these rock n' roll toddlers is seated in their parent's lap. Instruments are passed to the right every 20 seconds.

To a spectator, standing just outside the circle, the noise level is deafening. With so much free-spirited percussion, the song can only end in a train wreck.

That's when Jennifer Buxkemper, the Kindermusik teacher, chimes in, "And now let's see how softly we can play," and faster than a finger snap, the decimal-level in the

I know that after Kindermusik we're more in tune with each other. We're more loving.

Debbie Sonnenfeld
Mother



Four-year old Rebecca Rosengard races around the room with hand-held bells during "Imagine That," a Kindermusik class for preschoolers held Tuesdays in the Patch School Age Services.

room drops suddenly.

The word play between "loud" and "soft" in this case is brought out through song.

"Kindermusik promotes literacy," said Buxkemper, a certified teacher for over six years. "It helps children become better learners."

Learning through music has been the goal of Kindermusik since its infancy in the 1960's. The program was developed by a group of music educators from West Germany. In 1976, the program landed in the United States and has been a staple of early childhood education ever since.

"I don't know how many Van Cliburns I'll have, but that's not really the point," said Buxkemper. "Music is the means, not the goal."

Here in Stuttgart, Kindermusik ranks in under the Child and Youth Services SKIES Unlimited banner.

The program is broken down into three semesters of 15 weeks each, starting with "Village" for newborns up to 18 months. "Our Time" corals the toddlers together, while "Imagine That" has activities for children up to 5 years old. The next set of classes starts Feb. 14.

During an afternoon session of "Imagine That," four-year old Lindsey Cobb and her friend, Rebecca Rosengard, skate around a carpeted room on paper plates while a classical waltz plays from a CD-player.

Later in class, the two preschoolers race around the room with hand-held bells shouting, "thunder," as timpani drums erupt during a passage of Beethoven's Fifth Symphony. Music and movement go hand in hand.

"Kindermusik has activities that help with balance and coordination," said Buxkemper.

That same philosophy goes for the ba-

bies in the "Village" classes. Here, just as in "Our Time," parents and children dance and sing side by side.

In the children's song, "On the Bridge to Avion," for example, there is a line that goes, "Clap up high. Clap down low. Turn around now." Mimicking the words, Debbie Sonnenfeld raises the arms of her daughter, Caitlin, age 16 months, high into the air, then back down, and they twirl in a full circle.

Even for a 16-month old child, the words "high" and "low" resonate with meaning.

"We take it for granted, but it's amazing what a child learns from the minute they're born to age five," said Buxkemper. "They take everything in and remember it."

Buxkemper's jukebox of Kindermusik CD's is filled with literally hundreds of catchy sing-along tunes from cowboy rhymes to jingle bell jams. During a Latvian lullaby, mothers hold their babies in their laps and massage their shoulders, fingers and toes.

"It's a time for me and her. During Kindermusik, I'm completely focused on her," said Sonnenfeld. "She has my complete attention, and she knows it. I know that after Kindermusik, we're more in tune with each other. We're more loving."

HOW TO ENROLL

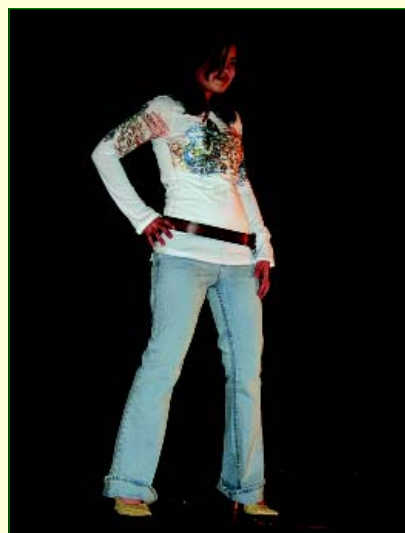
Kindermusik classes are offered Wednesdays in the Patch School Age Services and Thursdays in the Kelley Barracks Music Center, Building 3319.

"Village" is 9:30 to 10:15 a.m.; "Our Time" is 10:30 to 11:15 a.m.; and "Imagine That" is 11:30 a.m. to 12:15 p.m. on Patch and 2 to 2:45 on Kelley.

For more information or to register your child call 430-5606/civ. 0711-680-5606 or stop by the CYS Registration Office on Patch. To enroll in classes on Kelley call 421-2825/civ. 0711-729-2825 or email alan.buxkemper@us.army.mil.

SKIES students model latest fashion, self confidence in the PHS Forum

Story & photos by Brandon Beach



A SKIES student strikes a pose Dec. 14 in the Patch High School Forum.

Mariah Rossow is late for her first fashion show. The seventh-grader from Robinson Barracks Middle School hurries into the Patch High School Forum Dec. 14 dragging a gym bag full of cosmetics and outfits.

Oversized rollers are still pinned in her hair. Her black high heels make a clickety-clack cadence across the tile floor. Several girls meet her just before the stairs that lead up to the Forum stage. They begin to pull out hair clips, unwind rollers and make sure Rossow's brown curls fall in all the right places.

It's apparent that after three months of class students have learned to look after each other. "It's so stressful but so much fun," said Rossow. Finished, they disappear backstage for makeup and a last-minute pep talk from Raqi Barnett, their SKIES modeling teacher.

For many of these young models, this is their first walk, turn and pose in the spotlight. Most in the audience are parents, who snap pictures and clap for each strut, half-turn and step-out.

During the nearly hour and a half show, girls model casual, hip hop and formal fashions. Some perform rehearsed commercials for products such as Hershey's Syrup or Dannon Yogurt.

"They might not get their turns perfect, but they are just so proud to be up there on stage in front of their parents," said Barnett, herself a professional model and actor. "I love giving these girls new experiences."

SKIES modeling classes are taught Mondays and Tuesdays 4:30 to 6:30 p.m. on Patch Barracks. The class is open to kids in grade-levels 1 to 12. For more information call Jeff Carpenter at 430-7458/civ. 0711-680-7458.

CLASSES IN FEBRUARY

SKIES Unlimited (School of Knowledge, Inspiration, Exploration and Skills) offers instructional classes for youth of military and DoD civilians. Classes are designed to complement and support the experiences children and youth have in CYS and in schools. There are classes available for just about every interest including:

Kindermusik
Jazz Dance
Irish Step
Ballet
Hip Hop Dance
German Language
Modeling
Drums & Guitar
Piano & Brass Instru's
Taekwondo
Acting 101
Tap Dance

To register your child in a class or for more information call the CYS SKIES Instructional Program Specialist at 430-5606/civ. 0711-680-5606.

AAFES 'Mall for All' opens on Panzer

Europe's newest on-post retail facility features consolidated services, expanded offerings

Story & photos by Hugh C. McBride

They came, they saw, they shopped. And shopped. And shopped. And then shopped some more.

Stuttgart's newest AAFES PX/BX (affectionately known as the "Mall for All") officially opened for business Feb. 8 on Panzer Kaserne following a ribbon-cutting ceremony that was attended by a phalanx of dignitaries and hundreds of eager consumers.

Nine hours – and nearly \$300,000 in total sales – after the ribbon was cut, the facility's food court was still bustling.

"We had a great first day, and I really appreciate all the support we had in preparing for this event," said Lee Muslin, AAFES EUCOM Region general manager. Muslin noted that U.S. Army Garrison Stuttgart Commander Col. Kenneth G. Juergens and his staff provided excellent support while the facility was being built, stocked and staffed.

"This facility is the result of a tremendous team effort, and it is a great addition to our community," Juergens said. "I'm extremely proud of our partnership with AAFES, and I appreciate all the hard work that Lee Muslin and her staff put into getting this mall ready to open."

"U.S. Army Garrison Stuttgart works hard to give our community members reasons to say 'I'm glad I live here' – and this facility should definitely help us to accomplish that goal," Juergens added.

The 144,000-square-foot facility replaces four separate stores (PowerZone, Sports Store, Post Exchange and PXtra) that had been scattered across Patch Barracks.

In addition to consolidating these operations under one brand-new roof, the mall offers area consumers a wider range of products and services than was previously available on Patch.

"If you moved all four stores [from Patch] into this building, it would barely take up half the space we now have," Muslin said, noting that the additional shelf and floor space allows the facility to stock a more diverse selection of brands and products.

For consumers, the results are tangible and readily apparent: The clothes-conscious will note that the women's clothing section is quadruple what the Patch PX offered. The tech-savvy will find a wider range of gadgets and gizmos – including, for the first time in Stuttgart, an array of Apple computers. And the community's bibliophiles will be drawn to a bigger & brighter book and magazine section.

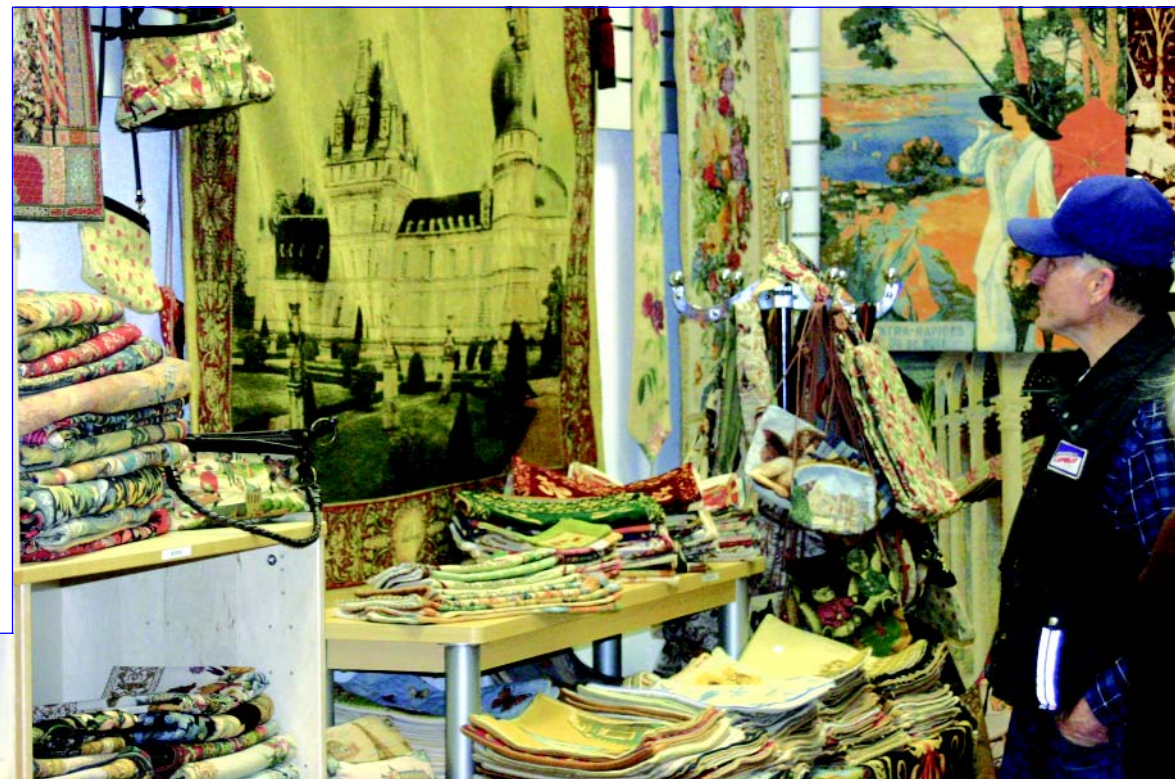
"It's nice to see Europe get the modern facilities that AAFES is building," said AAFES Commander Forrest C. Wentworth, who noted that this is the first of three American-mall-style facilities that AAFES will be opening in Europe. (Shopping centers in Grafenwöhr and on Ramstein Air Base in Kaiserslautern are set to open by year's end.)

The commanders and the officials weren't the only ones with good words to say about the new facility. Leslie Cervantes, who came to the grand opening with two of her three children, said she appreciated the convenience of being able to shop for a wide range of items without having to go from building to building.

"This is great," Cervantes said. "Not having to go from store to store is going to make things so much easier for mothers with small children."

Employment Opportunities Available in the AAFES 'Mall for All'

- The new AAFES PX/BX is more than a unique on-post shopping experience – it's also another source of employment for members of the Stuttgart military community.
- For more information about job options with AAFES in Stuttgart call 0711-720-3129 or visit www.aafes.com.



Scenes from a mall (clockwise from above).

1) Food court patrons queue beneath a patriotic montage on the PX/BX's first day of business. In addition to a bakery and Pizza Hut, the food court features the return of Charley's Steakery (which was once located on Kelley Barracks) and the highly anticipated debut of Popeye's Chicken.

2) The PowerZone section of the "Mall for All" features an expanded selection of computers and accessories (including Apple machines), televisions, cameras, DVDs and video game systems.

3. Housed in a wide hallway adjacent to the PX/BX, a row of shops and services includes a barber shop, florist, New Car Sales, nail salon, jewelry shop, optical shop, rug store and more.

4. Community members flocked to the new AAFES PX/BX for the facility's grand opening ceremony Feb. 8. Following the formalities, attendees morphed from observers to consumers, scrambling for bargains while exploring the newest on-post shopping facility in Europe.

5. Patch High School student Cody Dickey performs an a capella version of Lee Greenwood's "God Bless the USA" during the opening ceremony.

'Mall for All' Update: ATMs on the way

To enhance customer convenience, automated teller machines are scheduled to be installed soon in the AAFES PX/BX on Panzer Kaserne.

USAG Stuttgart: I'm glad I live here!

Garrison debuts Community Services Center, reopens renovated Dining Facility

Story & photos by Hugh C. McBride

U.S. Army Garrison Stuttgart gave community members two more reasons to say "I'm glad I live here" in January.

The debut of the new Community Services Center on Panzer Kaserne and the return of the renovated Patch Barracks "Black Stallion Inn" Dining Facility were the latest in a series of garrison initiatives designed to enhance customer service on Stuttgart-area installations.

"These are two tremendous projects that will have an immediate and tangible positive impact on the lives of our community members," said USAG Stuttgart Commander Col. Kenneth G. Juergens.

The DFAC is Back

After almost 30 years of service to the Stuttgart community, the Patch DFAC was due for a facelift when it closed in May 2006 for an extensive upgrade to its customer service area. [During the renovation project, the DFAC staff served meals in the the Patch Barracks Community Center.]

"This facility has a great history in our community, and this project will allow us to provide event better service to our customers," said Uwe Siemers, director of the USAG Stuttgart Directorate of Logistics, which oversees DFAC operations.

The customers who streamed through the DFAC's doors following the facility's Jan. 19 ribbon-cutting ceremony were greeted with a decidedly more upscale dining environment than had previously existed in Stuttgart.

Large windows on either side of the dining room create a brighter, more open environment; three plasma-screen televisions broadcast AFN programs and the USAG Stuttgart Command Information Channel; and the seating area now accommodates 166 customers (up from a pre-renovation limit of 101.)

"If you can't get excited about something like this, then you shouldn't be in the customer-service business," Juergens said. "This is a fantastic facility."

Consolidating Community Services

Ten days after the DFAC's grand reopening, USAG-Stuttgart officials and community members gathered on Panzer Kaserne to celebrate the latest milestone in the garrison's effort to consolidate customer services in state-of-the-art facilities on that installation.

Howard Johnston, deputy to the garrison commander, said that housing the service organizations in close proximity to the community's Welcome Center (which opened three years ago) will make it easier for community members to get the support they need when they need it.

"This was a great team effort, and the results will benefit everyone who lives and works here in Stuttgart," he said.

Jeff Hiatt, director of the Stuttgart USO, said quality of his organization's new home on the third floor of the Community Services Center easily allayed concerns related to a move from the USO's previous location on Patch Barracks.

"A few people were worried when they heard we would be moving, but this [new office] is great," he said. "Everyone who has walked through here so far has been impressed."

In addition to the USO, the Community Services Center (in building 2915, down the street from the Welcome Center and across the parking lot from the new AAFES 'Mall for All') is also home to Army Community Services, Army Post Office, Community Bank, Service Credit Union, Red Cross, Army Career and Alumni Program, IACS, Pass & ID, the Transition Center, the Education Center, the VAT Office, Retiree Support Center, and the Women, Infants & Children (WIC) office.

(For a list of phone & fax numbers for offices in the Community Services Center see the box at the top of page 11).



[Above] USAG Stuttgart Commander Col. Kenneth G. Juergens accepts the ceremonial key that signifies the completion of work on the Patch Dining Facility.

[Left] The renovated DFAC reopens following the Jan. 19 ribbon-cutting ceremony.

[Top] U.S. Army Garrison Stuttgart Command Sgt. Maj. Mark Q. Barbary and Deputy to the Commander Howard Johnston, right, join officials of Community Bank to celebrate the opening of the bank's branch inside the Community Services Center.

YOUR ONE-STOP INFORMATION SOURCE IN STUTTGART

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THE CITIZEN,
THE COMMUNITY POST &
THE COMMAND INFO. CHANNEL

WWW.STUTTGART.ARMY.MIL

THE OFFICIAL PUBLIC WEB SITE OF U.S. ARMY GARRISON STUTTGART

ACCESS
WEATHER & ROAD INFORMATION
AAFES MOVIE SCHEDULES
UPCOMING EVENTS & MORE!

U.S. Army Garrison Stuttgart Community Center

Panzer Kaserne – Building #2915

The following phone and fax numbers will be in effect after the Community Center officially opens for business Jan. 29.

OFFICE/AGENCY	PHONE	FAX
ACAP	431-2191/civ. 07031-15-2191	431-2190/civ. 07031-15-2190
Army Community Service	431-3362/civ. 07031-15-3362	431-3331/civ. 07031-15-3331
Army Post Office	431-2563/civ. 07031-15-2563	N/A
Community Bank	431-2436/civ. 07031-15-2436	Civ. 07031-25-700
Credit Union	431-3237/civ. 07031-15-3237	431-3237/civ. 07031-15-3237
Education Center	431-2506/civ. 07031-15-2506	431-2571/civ. 07031-15-2571
IACS	431-2872/civ. 07031-15-2872	431-2889/civ. 07031-15-2889
ID Cards	431-2333/civ. 07031-15-2333	431-2889/civ. 07031-15-2889
Red Cross	431-2812/civ. 07031-15-2812	431-2942/civ. 07031-15-2942
Retiree Support Center	431-3052/civ. 07031-15-3052	431-3512/civ. 07031-15-3512
Transition Office	431-2698/civ. 07031-15-2698	431-2625/civ. 07031-15-2625
Women, Infants, Children (WIC)	431-3351/civ. 07031-15-3351	431-3347/civ. 07031-15-3347
USO	431-3505/civ. 07031-15-3505	Civ. 07031-415-409
VAT Office	431-3365/civ. 07031-15-3365	431-3367/civ. 07031-15-3367

TIME TO WASH THE TRUCK...



NEW!

Kelley CAR WASH opens MARCH 1ST



SELF
SERVICE

Kelley Barracks Self-Service Car Wash is located on Spruce Strasse, just past the Kelley SAS. OPEN DAILY 0800-2100



USAG Garmisch Winterfest

-  **Children's Games**
Snow Sculpting Competition,
Snow Angels, Goofy Sled Race
-  **Flashlight Hike**
Depart 5:15 pm from Teen Center to Fest –
BYOF: Bring Your Own Flashlight!
-  **Biathlon**
Cross-country skiing and shooting competition.
Open to all skill level. *Pre-registration required.
Call DSN 440-2638
-  **Snow Bar**
Glühwein, beer, hot chocolate
and soft drinks
-  **Community
Chili Cookoff**
-  **Live Music**
Greenhouse Lizards - Rock and Roll
-  **Kid's Bingo**
-  **Free Shuttle Bus Service**
To and from Artillery Kaserne
-  **Brats and Brötchen**

New!

When: Friday, FEB. 23, 2007
Time: 5 - 10 p.m.
Where: Artillery Kaserne
at the Pete Burke Community
Center and surrounding area

U.S. ID CARDHOLDERS AND GUESTS

HOSTED BY:  

Marshall Center seminars focus on Afghanistan, Caribbean

Marshall Center Release

Afghan security officials leading the nation's fight against terrorism got a chance to put their struggle in a global context and learn from the experience of others who have fought similar enemies during a Marshall Center seminar held Jan. 13 to 17 in Kabul.

The seminar, conducted by Program in Terrorism and Security Studies Director Nick Pratt, Deputy Director Lt. Col. Ralf Klewin von Fintel and Professor Dr. John J. LeBeau, examined the nature of terrorism, current trends in terrorism and terrorist tactics. The final discussions focused on the characteristics of the insurgency that has emerged in Afghanistan - religiously inspired, networked and global - and the insurgency's use of terrorism.

An understanding of the bigger picture is key to effective counter-insurgency efforts, according to LeBeau.

"Based on several historical examples, we suggested to [participants] how insurgencies develop, what the characteristics of insurgencies are historically, and that there are a lot of points of commonality," LeBeau said. "Things that have been seen in El Salvador and in Cuba, with Fidel Castro against the Batista forces, a lot of these characteristics are in Afghanistan. It's not something brand new. There are lessons that you can take about what insurgency is and what works against it. The key point for us was to suggest to them things that work to make an insurgency fail."

An understanding of the global context also gives participants perspective on the significance of their efforts, LeBeau said. "It underlines to them their place in the struggle and is a way for them to see that they are engaged not simply in a local or regional conflict but in something that has a lot of resonance internationally," LeBeau said.

The opportunity to step back and look at the big picture had the greatest impact on the seminar participants, according to Pratt. "They are looking at a problem right at the end of their nose," Pratt said.

"They are never able to stand back and say, there are reasons for this, this is why this problem exists, it has structure, it has format, it has shape, there are things you can do about it."

LeBeau noted that while participants benefited from stepping back from day-to-day tactical concerns, the seminar team benefited from going into the field.

"It's periodically good for us to get out to critical zones like that, because it refreshes our understanding of the reality on the ground. Although we're there to instruct, it's also an opportunity to learn," LeBeau said.

Trinidad to host sporting event

Caribbean security officials preparing for the world's third

largest sporting event discussed lessons learned by Germany as it prepared for the world's second largest, during a seminar conducted by the Marshall Center's Program in Terrorism and Security Studies Dec. 4 to 8 in Trinidad and Tobago.

Military and civilian security officials from eight Caribbean nations hosting the upcoming 2007 Cricket World Cup participated in the week-long seminar, which focused on trends in the development of international terrorism and strategies and methods for combating it.

The seminar team consisted of PTSS Director Nick Pratt,

Things that have been seen in El Salvador and in Cuba . . . a lot of these characteristics are in Afghanistan. There are lessons that you can take about what insurgency is and what works against it.

Dr. John J. LeBeau

Marshall Center Professor

Deputy Director Lt. Col. Ralf Klewin von Fintel and Professor Dr. John Jay LeBeau, and Dr. David Stock from the Center for Hemispheric Defense Studies.

The group addressed a number of topics relevant to the participants' preparation for the international tournament, including definitions of terrorism and counter-terrorism, characteristics of suicide bombers and counter-measures, terrorist networks, and the critical role of intelligence sharing and other cooperative activities in counter-terrorism efforts.

The team noted that participants were particularly interested in a case study of Germany's handling of security challenges for the 2006 World Cup.

"Klewin von Fintel gave a detailed presentation on the World Cup, how the German government arranged for security at the various stadiums where the games were taking place and how they approached information exchange and planned to prevent a terrorist attack," LeBeau said. "Using that as a case study had a lot of resonance there."

The team also provided resources for participants to use in the run-up to the tournament.

"We offered a lot of contacts, such as contacts through the United Nations," Klewin von Fintel said. "[The U.N.] has a special office which is working on lessons learned on world sports events, [but] this office isn't very well known. They have a huge amount of databases. We presented to [participants] that this is a good chance to contact this office to get insights and lessons learned."

For more about the George C. Marshall European Center for Security Studies visit www.marshallcenter.org.

News & Notes

Legal team visits Garmisch

The Stuttgart Legal Team will be in Garmisch Feb. 26 and 27 in Building 202, Room 109 (upstairs), on Artillery Kaserne. Hours for walk-in powers-of-attorney and notary are 9 a.m. to 12:30 p.m. and 1:30 to 3 p.m. Attorney consultation will be available by appointment only.

It is recommended, especially for retired customers, to call in advance to ensure the scheduled dates are still valid as the legal office has no way to notify its customers off-post of any last minute changes to the schedule.

To schedule an appointment call 421-4152/civ. 0711-7294152.

Tax assistance available

The Garmisch Tax Assistance Center offers free preparation of federal and state taxes including free e-filing services of federal tax returns Feb. 28 to March 2. It is located on Artillery Kaserne in Building 202.

Please bring the following documents: A valid ID card; social security numbers or ITIN for all dependents; all applicable W-2 and 1099 forms; direct deposit information (bank routing and account number); a copy of last year's taxes if available; spouse or power of attorney (if filing jointly); and all other applicable tax documents.

Office hours are from 9 a.m. to 4 p.m. for walk-ins or call for appointment (preferred) by calling 421-4152/civ. 0711-729-4152.

As an additional service to the community, Pamela Bossom of the Marshall Center has volunteered to be the volunteer tax consultant for the 2006 tax season. Bossom is an experienced tax preparer and will be available by appointment to assist community members with their returns. Although this precludes having your tax return prepared on a walk-in basis, there should be no inconvenience to anyone if appointments are made in advance.

To make an appointment call her directly at 440-2527/civ. 08821-750-2527.

Ski instruction available

Garmisch Outdoor Rec. offers ski instruction every Saturday and Sunday at the Hausberg Ski Lodge. Cost \$50 for private lessons (1 to 2 people) or \$20 per person for group lessons. All lessons last two hours.

Please note that patrons must pay for their own lift ticket and equipment.

Trip to Ischgl in Austria

Garmisch Outdoor Rec. heads to Ischgl, Austria March 2 to 4 for two days of skiing at the Silvretta Ski Resort, which borders Austria and Switzerland.

Bus departs the Pete Burke Community Center at 5 p.m. Cost is \$280 and includes a 2-day ski pass to Silvretta (with lifts in Austria and Switzerland), 2 overnights with meals and transportation to and from Garmisch.

Combine classic and southern rock with rhythm & blues and you'll get the lively sound of Hello Dave. While the band hails from Chicago, when it comes to rocking out, they really capture the great soul of the South. They have released five full-length albums, performed thousands of shows and have been deemed the "Eagles of the New Millennium."

Wednesday, February 21st
Starts 2100 hrs after BINGO!
Free to all military ID card holders

ARMED FORCES ENTERTAINMENT

ZUGGY'S
BASE CAMP

Oberammergau Has It All!

Everything you need for an exciting weekend adventure is awaiting you at the NATO School in Oberammergau, just 20 kilometers from Garmisch-Partenkirchen. Not only do they offer recreation packages and tours to nearby tourist attractions, but you can't beat their affordable weekend accommodations!

NATO OTAN

For more information call the NATO Recreation Center at 08822-9481-3102

PHS Winter Sports Roundup

Rifle takes second at Champs, targets nationals



Patch's Robert Perrault [left] and Mike Brady fire away during practice Jan. 25 in the PHS Forum.

Story & photos by Brandon Beach

Patch's rifle team had one target in sight this season: Nationals. Now they're just a step away. The squad travels to Fort Benning, Ga., next week to test their nerves in the eastern regional finals Feb. 15 to 17. Patch was the only team in Europe to qualify for this tournament and will send four of its top shooters.

Survive the range at Fort Benning, and it's a shot at the national title, which takes place later in April.

"I called this season the 'Road to the States,'" said Jack Wayne, a former Amy first sergeant and the team's coach. "I'm just fortunate all of them stuck with it like they did."

A 20-year rifle coach veteran, Wayne took over the Patch program last August from Würzburg, a school that had won the last four DoDDS-European titles. Before this season, Patch had never won a league meet in school history. Going for the national finals was a long shot at best at the start of the season. Of the six Panther shooters, only two had ever fired a rifle in competition. Leah Lynch, a junior at Patch, said she had never held a rifle before October much less shot at a target 10 meters away.

"Patch has never won anything in rifle," said Chanel Stevens, a two-year starter on the team. "We were so ready to win this year." And win they did.

Not only did the squad quickly erase that decades-old losing streak by posting its first win during a Dec. 9 home league meet but had the highest point total, with 6,686 points, of any team this season.

The Panthers defied the odds and now have a banner to hang from the rafters of the school gymnasium to prove it: Central Conference Champions.

"These kids have done everything I've asked of them," said Wayne. "They worked hard in practice, and they were determined to win."

Patch hosts DoDDS tourney

"The fire line is now hot," said Chief (ret.) George Goodrum, a JROTC teacher at Patch and the tournament's range master. Seconds later, the first round of pellet shots popped off, and the DoDDS-Europe rifle finals, held Jan. 27 in the PHS Forum, officially got underway with seven teams vying for tournament best.

Using high-precision air rifles, each shooter fired 10 shots from three different positions: prone, standing and

Never in all my years have I seen a finals this close. That's a lot of pellet shot to be just two points off.

Jack Wayne
Patch Rifle Coach

kneeling, at a target (think the size of a 50-cent coin) placed 10 meters away, for a possible yield of 300 points.

Scores were determined by how close shots came to the target's center. Bulls-eye earned 10 points. Each eighth of an inch off center reduced a shooter's score by one point. The team's lowest total score was discarded at the end.

Normally used as a lunch area for students, the Forum was converted into a modern-day firing range. There were 12 firing lanes, and contestants shot prone and kneeling rounds off of tables. Targets lined the Forum stage and were lit up by small flood lamps propped up on chairs. Coaches stood behind athletes peering through spotting scopes to help them adjust rifles (allowed only during practice rounds) and check scores.

With shooters pulling triggers at 9 a.m. and finishing just after 2:30 p.m., it was a long day at the range, and most just tried to stay focused.

"I imagine I'm the only one in the room when I shoot," said Patch's Chastyn Anglesey, "and to make sure I just relax and breath after every shot."

In the end, the Panthers fired their way to a second place finish, tied with Würzburg at 1,368 points, just two points shy of tournament winners, Hohenfels, at 1,370 points.

"Never in all my years have I seen a finals this close," said Wayne. "That's a lot of pellet shot to be just two points off." After 1,480 shots, the difference came down to a fourth of an inch on the target, or a single shot. And who said rifle couldn't be a spectator's sport?

Individual honors went to Patch's Chanel Stevens, who posted the highest tournament score in the prone position earning a 97 out of 100 points. Leah Lynch had the highest overall score for Patch with 277.

For results on the eastern regional finals at Fort Benning, Ga., to be held Feb. 12 to 15, check out the next edition of The Citizen.



Jessica Elledge is a picture of concentration during a Jan. 25 practice in the PHS Forum. During the Jan. 27 DoDDS-Europe tourney, Elledge shot an overall score of 274 to help the Panthers capture second place.



[Left] Leah Lynch fires a shot from the kneeling position during the DoDDS marksmanship finals, held Jan. 27 in the PHS Forum.

[Below] Members of the Patch rifle team show off the results of a winning season during the tournament's closing ceremony. Pictured are [left to right] Jessica Elledge, Leah Lynch, Chanel Stevens, Chastyn Anglesey, coach Jack Wayne, Mike Brady and Robert Perrault.





Parade revelers wear elaborate wooden masks during a Swabian Fasnat parade in Stuttgart's Bad Canstatt last year.

Parades, parties mark the 'foolish season' of Fasching

Story & photo by Brandon Beach

Thought there were only four seasons in a year? Think again. It might last just six days, but Carnival is considered a fifth.

Here in Germany, it's called the *nürische Saison*, or foolish season, and Germans revel in the chance to cut off their ties and cut loose.

The exact date of Carnival always depends on Easter. This year the party begins Feb. 15 and goes until Shrove Tuesday.

Most scholars trace Carnival back to the first century Roman period when the festival of Saturnus began to take place. Saturn was the Roman God of Peace and Plenty, and the festival marked a time when order was turned upside down: Men dressed as women, and masters waited on their slaves.

If it did originate from this obscure historical reference is anyone's guess. Today Carnival goes by many names, depending on where you choose to celebrate.

Whether it's *Karneval* in Cologne, *Fasching* in Munich, *Mardi Gras* in New Orleans or the Swabian *Fasnat*, every region celebrates this season a little bit differently. But rest assured that all festivals have one goal in mind: To live it up before Lent.

Known as *schmutziger Donnerstag*, or Fat Thursday, Feb. 15 is the official kickoff to the party. The day ushers in this period of friendly disorder. In Cologne, for instance, women take control, chopping off the ties of their male colleagues. Here in Stuttgart, Bad Canstatt plays hosts to the area's first parade as street performers, brass bands and floats fill the *Kübeles* Market starting at 7 p.m.

Here in the south, parade revelers are called *Narren*, or fools. They dress in fanciful costumes, act silly and wear

elaborate wooden masks in the image of witches and grotesque animals. Don't be surprised if one these *Narren* walk up to you and either ruffle your hair or drop you a piece of candy.

Most street parades begin over the weekend. Catch the procession here in Stuttgart on Saturday in Rottenburg (S-Bahn Untertürkheim) starts its revelry at 2:30 p.m. Enjoy food, drink, merriment and a stunning bird's eye view of the city skyline and surrounding vineyards. On Sunday, the city of Neuhausen/Fildern starts its parade at 1:21 p.m.

Cologne's *Rosenmontag* (Rose Monday) parade is so large it's even broadcast on German television, similar to the Macy's Thanksgiving parade in New York. The parade, the largest in Europe, stretches to a length of nearly seven kilometers.

Don't expect those same proportions here in Stuttgart. The city hosts its parade on Tuesday starting at 1 p.m. on the Schlossplatz. The best way to get there is to take any S-Bahn to the *Hauptbahnhof* and follow *Königstraße*, the main pedestrian shopping street, until you reach the crowds.

If you find you slept through the party, there's still a chance to enjoy Carnival even after Ash Wednesday. The Swiss city of Basel celebrates its Fastnet for three days starting Feb. 26.

For more information on Fasching events and schedules visit *Lift* magazine online at www.lift-online.de. For more on *Karneval* in Cologne visit the city's official Web site at www.koeln.de.



A street musician blows his tuba during a Carnival procession last year in Ludwigsburg.

FASNAT PARADES

- *Straßenfasnet* parade in Rottenburg/Neckar (S-Bahn Untertürkheim), **Feb. 17**, 2:30 p.m.
- *Fasnet* parade in Neuhausen/Fildern with over 80 participating parade groups, **Feb. 18**, 1:21 p.m.
- *Narrensprung* parade in Rottweil (located in northern Black Forest), **Feb. 19**, 8 a.m.
- *Großer Fasnet* parade starting at Stuttgart's Schlossplatz, **Feb. 20**, 1 p.m.
- Children's parade with music in Neuhausen, **Feb. 20**, 1:33 p.m.

OUT & ABOUT

Night of Musicals gala

See original stars from popular musical productions such as *Grease*, *Cabaret*, *Phantom of the Opera*, *Lion King*, *Cats* and more at the 10th-annual Night of Musicals **March 14**, 8 p.m., in Stuttgart's Liederhalle (Berliner Platz 1-3).

For tickets visit www.liederhalle.de.

Fussball in Stuttgart

Catch live Bundesliga action when VfB Stuttgart takes on northern rivals Hertha Berlin **Feb. 24**, 3:30 p.m., in Bad Cannstatt's Gottlieb-Daimler Stadium (S-Bahn Neckarstadion).

For tickets visit www.vfb-stuttgart.de or stop by the stadium's ticket box on game day.

Concerts in the Schleyerhalle

With her huge 2001 breakout hit, "Underneath Your Clothes," Columbian hip-shakin' goddess, Shakira, brings her "Oral Fixation" tour to Stuttgart **Feb. 25**, 8 p.m., in Stuttgart's Schleyerhalle, located on Mercedesstraße 69 (U-Bahn 11 to Gottlieb Daimler Stadion). Tickets cost 64 to 69 euro.

With hits like "Three Times a Lady" and "All Night Long," Lionel Richie, love balladeer and '80's icon, makes a stop in Stuttgart during his "Coming Home" international tour **March 7**, 8 p.m. Tickets cost 64,40 euro.

Mega hip hop stars Snoop Doggy Dog and P. Diddy team up for a night of rap classics **March 15**, 8 p.m. Tickets cost 47 to 53 euro.

With her 2003 hit, "Crazy in Love," and a brand new album "B'Day," five-time Grammy winner Beyoncé makes a stop in Stuttgart **May 1**, 8 p.m. Tickets cost 38 to 78,30 euro.

Bringing the sexy back to Stuttgart with his platinum-selling new album, "Future Sex/Love Sounds," ex-NSYNC heart-throb Justin Timberlake takes to the stage **May 25**, 8 p.m. with his 14-piece band and a non-stop dance ensemble. Tickets cost 47,60 or 75,60.

For more information or to purchase tickets for these and other shows visit www.schleyerhalle.de.

Three Musketeers, the musical

SI Centrum's Palladium Theatre presents the swash-buckling musical smash, "The Three Musketeers."

Tickets range from 40 to 139 euro depending on seating and may be purchased by calling 01805-4444.

The theater is located on Plieningerstraße 100, which is a short 5-minute walk from the main gate on Kelley Barracks.

For more information on dates and times visit the SI Centrum online at www.si-centrum.de.

African circus in Canstatt

The Africa Africa! Circus will stage daily shows in Stuttgart's *Cannstatter Wasen* through **March 24**. The circus, a UNESCO-sponsored project, features more than 120 artists, dancers, acrobats and musicians.

Tickets range from 31 to 91 euro. For tickets visit www.eventim.de.

DAZ events in February

Nina Möllers, M.A., a scholar at the University of Trier, will deliver the lecture and discussion, "The Forgotten People: The story of Free People of Color in Louisiana," **Feb. 13**, 7:30, in the Deutsch-Amerikanisches Zentrum. The event is part of the DAZ's extended focus on African American Heritage Month.

Every month, English speaking people from around the world meet to discuss a variety of topics over food and drink. Known as the "Stammtisch Transatlantic," the group meets **Feb. 15**, 8 p.m., in Plenum, a restaurant located on Konrad-Adenauer-Straße 3.

To commemorate African American Heritage Month, DAZ offers the lecture/discussion, "Black Modernites and Western Myths," **Feb. 26**, 7:30 p.m., with Michelle Wright, Ph.D., a professor of comparative literature at the University of Minnesota.

The center is located at Charlottenplatz 17 (U-Bahn 5 or 6). For a complete list of DAZ-sponsored activities visit www.daz.org or call 0711-228180.

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TICKET PRICES

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Reservations can be made at the Stuttgart Entertainment Branch, Bldg. 3319 on Kelley Barracks, or by calling **0711-7292-825** or DSN: **4212-825**.

Box Office Hours: Tues.-Fri. 12:30-5:30 p.m.
Reservations can also be made online on our website at: www.kelleytheatre.de

